



fillers treatment

Soft-tissue fillers, most commonly injectable hyaluronic acid or fat, can help fill in the lines and creases on our faces, caused by aging, sun exposure and years of facial muscle movement, such as smiling, chewing and squinting. These fillers temporarily restore a smoother, more youthful-looking appearance.



When injected beneath the skin, they plump up creased and sunken areas of the face such as laugh lines, smile lines, crow's feet or facial creases over the areas where this muscle movement occurs. They can also add fullness to the lips and cheeks. Used alone or in conjunction with botox or a resurfacing procedure, such as a facelift, they can produce extraordinary results.



about injectable fillers

Injected hyaluronic acid and fat are mainly used to give volume, and improve depressed scars, folds, wrinkles and lines. They can also be used to add a fuller, more sensuous look to the lips.



However, injectables are not sufficient if you have severe surface wrinkles on the face, such as multiple vertical "lipstick lines" around the mouth. In these cases, your surgeon may suggest a resurfacing technique, such as chemical peel that strips away the outer layers of the skin to produce a smoother appearance.



As we are all different, our bodies respond differently to injectable fillers. The hyaluronic acid fillers may last for 6 to 12 months depending on the type of hyaluronic acid used, area that is injected, as well as age of a patient, genetic background, skin quality and.

your consultation

Facial rejuvenation is individualized. That's why it is important to discuss your hopes and expectations with your surgeon who has experience with many different types of surgical and non-surgical facial procedures.

In your initial consultation, he will evaluate your face - the skin, the muscles and the underlying bone - and discuss your goals for the surgery. He then will help you select a treatment option based on your goals and concerns, your anatomy and your lifestyle.



It is important to remember that the injectable fillers results are not permanent and certainly they do not have the same long-lasting results that you gain from cosmetic surgery. The injected material is eventually metabolized by the body.

preparing for treatment

Dr. Eleftheriou will also ask you about your medical history, medicine allergies, and check for conditions that could cause problems, such as active skin infections or non-healed sores from injuries. Even though a safer product, it is not possible to have hyaluronic acid injections while you are pregnant.

hyaluronic acid fillers

Hyaluronic acid therapy is a cosmetic non surgical technique used for facial augmentation. The therapy involves injections in the face to mask facial flaws. It is important to know that it is a substance very well tolerated by the human body. You do not have to be tested for an allergic reaction before being injected with it.

Hyaluronic acid is compatible with the human body because it is a substance that is found in every single organic living thing. Its main purpose is to act as a network that transfers essential nutrients from the bloodstream to skin cells.

It is most present in the human body in fluids around the eye area and in the joints. In fact, aside from its applications to cosmetic surgery, it is also often injected into joints to relieve rheumatism and other kinds of joint pain.

When injected, it acts like an inflated cushion to support facial structures and tissues that may have lost volume and elasticity due to aging and other causes. It is also hydrates the skin by bringing water to the surface which helps give it a refreshed and more youthful appearance.

Also termed dermal fillers by cosmetic surgeons, it is used to add volume to deflated or depressed areas in the skin.



the procedure

Hyaluronic acid therapy is an easy procedure; it has many benefits in facelift approaches.

The targeted problems are:

- Frown lines between the eyebrows;
- Vertical lines above the upper lip that may have been caused by smoking;
- Marionette lines that run from the nose to the corners of the mouth;
- Worry lines that look like seams running across the forehead;
- Crow's feet at the corner of the eyes;
- Skin depressions in the jaw or cheeks;
- Redefining the border of the lip by eliminating lip feathering;
- Scars including burns, acne and those caused by wounds.

It is important to realize that this is a temporary solution and not a permanent cure for facial problems. To maintain their youthful appearance most people have new hyaluronic injections two to three times a year.

Before you consider having hyaluronic acid treatment, be aware that you might not achieve the results you want with just one treatment. Depending on how your body reacts to the injections you might have to return to the doctor's office to get a touch up on your injection. On average, most people need at least three visits before they are completely satisfied with the results.

fat fillers

The fat-injection procedure, also known as autologous fat transplantation or microlipoinjection involves extracting fat cells from the patient's abdomen, thighs, buttocks or elsewhere and reinjecting them beneath the facial skin. Fat is most often used to fill in "sunken" cheeks or laugh lines between the nose and mouth, to correct skin depressions, to minimize forehead wrinkles and to enhance the lips.

After both the donor and recipient sites are cleansed and treated with a local anesthesia, the fat is withdrawn using a syringe with a large-bore needle or a cannula attached to a suction device. The fat is then prepared and injected into the recipient site with a needle.



“Overfilling” is necessary to allow for fat absorption in the weeks following treatment. When fat is used to fill sunken cheeks or to correct areas on the face other than lines, this overcorrection may temporarily make the face appear abnormally puffed out or swollen.

recovery

After your filler treatment, you may notice some minor discomfort, stinging or throbbing in the injected area. Occasionally some bruising or swelling will occur, but it is usually minor. The redness in the injected site usually disappears within 24 hours. However, if you are a fair-skinned patient, this redness may persist for a week or more.

You won't need to wear a bandage or to follow a special diet. Remember to always wear sunblock protection shortly thereafter. There may be some temporary swelling and redness in the treated area which should dissipate within a few days.

The duration of results from fillers is variable. hyaluronic acid injections longevity depends on the patient's lifestyle and physical characteristics as well as the part of the body treated. In general, the injected material is likely to disappear faster in areas that are more affected by muscle movement.

Your doctor will help you determine how long you can go between treatments to best maintain your results.

After a fat filler treatment, if a larger area was treated, you may be advised to refrain from any activity for a brief time. However, many patients are able to resume normal activity immediately. You can expect some swelling, bruising or redness in both the donor and recipient sites. The severity of these symptoms depends upon the size and location of the treated area. You should stay out of the sun until the redness and bruising subsides - usually about 48 hours. The swelling and puffiness in the recipient site may last several weeks, especially if a large area was filled.

The duration of the fat injections varies significantly from patient to patient. Some patients have reported results lasting a year or more. If done using proper instrumentation and techniques, the results are long lasting.



risks and complications

Complications are infrequent and usually minor in nature. Still, individuals vary greatly in their anatomy, their physical reactions and their healing abilities. The outcome of treatment with injectables is never completely predictable

Hyaluronic acid: almost all people are suitable for hyaluronic acid therapy. Because it is chemically identical to the acid in the human body, allergy to it is very rare. Hyaluronic side effects are almost zero.

Fat: Allergic reaction is not a factor for fat because it's harvested from a patient's own body. However, there is still a small risk of infection and other infrequent complications.